

## Exercising Life

Living is one thing that everyone does with their own unique “Routine”. Even regimented movement is done by the Routine of the individual, the unique point of Awareness.

Life is the connection of the mind of God to the physical world, mankind is the greatest achievement. Mankind alone has the free will to Exercise Life, a gift that came by accident of land being above water and shit flowing down hill. If the fate of Life on Earth were being controlled by the consciousness of the coral reefs it would stand a better chance of growing to its potential.

The power of the individual Life is God, free will in Life is mans, he can initiate cause. That is, it is not the effect of a cause preceding, as is dictated to all other Life. Man alone can do what is not natural; he can train other Life to act unnaturally. The ability to act unnaturally in Life is the ability to do “anything” with Life; we “limit” our Exercise of that ability.

Have you heard about “The Plan”?

Sure you have, it’s in every religion, it is for man to become godly. The “limits” are a part of The Plan; they enforce the direction for the individuals of Earth in the creating of a common “real world”. The creation is complete, it is time to Exercise its potential, its Godliness.

The individual, the unique point of Awareness, the seed of God, Exercising Life, You have the control and responsibility of one, Life. What are You doing with it? What is the mind of God connected to in the physical world that is called You? What is Your Routine?

What do you do wrong? Confess!!!, to yourself, God knows. Confess in the physical mind that is the creation of God in the physical world. The god of You is telling you all the time what you do wrong, you deny your godliness, Routinely.

The Routine was set towards physical creation “in the beginning”, of The Plan, everything is as it is supposed to be. We have created a “game”, a Routine of Exercise, of such stupendous grandiosity that the most complex computer games are merely a bit of information in the function, for God.

God wants to play now, to Exercise Life, the god of You. Life is what the game is all about, we’re on the playground in Gods mind, we are the players and we have the power of God to play with, we’re going to change “direction” on the field. The field of our creation, all that we have created from the dirt of the Earth and all the knowledge that we have become aware of will be at our command, to Live, for Life.

For Life, is the change of “direction”, it is now for physical creation and the sanctity of Life is placed second, Routinely.

The Exercise Routine is for the creation and development of the individual. Whatever you direct the energy at, consciously or not, is what will develop power in your Life.

Power, of Routine, it breaks and makes world records every day. A man 88 years old walks in front of a bus. Autopsy showed no alcohol and perfect health, slightly irritated lungs. The man drank six Budweiser and smoked two packs of camel non-filters “every day” of the last sixty-five years, Greyhound changed its schedule.

The Power of Routine, redirected For Life, is Exercising Life, God’s game.

Let’s play!